



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Pool Rules

- Men must wear properly lined swim suits. No cut off shorts or gym shorts.
- All swimmers require shower.
- Long hair should be clean and controlled.
- No running on the pool deck.
- No pushing or dunking.
- Please don't play on the ladder or steps.
- No food or glass in the pool area.
- Gum, Band-Aids, and street shoes are not allowed.
- No diving in the shallow end of the pool.
- Non-swimmers in the shallow end only.
- 16 year old or older must accompany any children less than 9 years of age.
- No derogatory language or swearing will be tolerated.
- No sitting, standing, or kneeling on the kick boards.
- Please don't hang on the rope or lane lines.
- Jumps are to be performed at brown edge of the pool facing forward. No flips or back flips off the pool deck.
- No splashing, hitting, punching, or horseplay with pool equipment (noodle, kickboard, or ball).
- Balls are to be used for basketball, volleyball, or a game of catch. No dodge ball or throwing them harshly at other swimmers.
- Keep hands away from basketball net, please no dunking.
- Basketball is to be played in the shallow end of the pool. No shooting from the deck.

Please listen and be respectful to the Lifeguards